



Greater Sacramento

What should my child wear?

Participants should wear comfortable shoes . outdoor
You do not need shin guards except for Micro
Classes. Lil' Kickers Promo Tops are given to first-time
customers for free and are available for purchase after that.
Outfitting your child in Lil' Kickers garb is a fun way to make
your child feel a part of the team. Kids naturally appreciate
looking like older uniformed kids and role models.

How long are your sessions?

Can I join in the middle of the session?

Yes! We offer open enrollment so that you can
join anytime and have your class fees prorated,
meaning that you pay only for the remaining classes and not
the full session fee.

What is your make-up policy?

Make-up classes can be made online, based on availability,
and you must reschedule within the current session. We do
our very best to accommodate your requests. If you have
multiple children, please schedule a make-up class for each.

How long are each classes?

Each of our classes lasts 50 minutes with a water
break halfway through, so be prepared with a
water bottle. Between classes, there is a
10-minute break.

What is your policy for accommodating children with special needs?

Lil' Kickers is an inclusive program for children with
special needs as long as we can assist them
appropriately. Please contact your Lil' Kickers
Coordinator for more information on where your child with
special needs fits.

How is Lil' Kickers & Skills Institute different than other programs?

While many soccer programs use traditional soccer
drills to teach soccer fundamentals, Lil' Kickers uses
a child-centered perspective and makes learning fun for
kids. Our coaching methodology uses special techniques
designed around how kids naturally learn, building social,
emotional and conscientious individuals on and off the
soccer field.

As an extension of Lil' Kickers, Skills Institute maintains
smaller group sizes to work on individual
soccer development. We strive to educate, develop, and
inspire kids to learn the skills necessary to progress to an
academy or travel club.



Price Per Class & Payment Options

**Register
Today**

SCAN QR CODE TO SIGN UP

Lil' Kickers NATOMAS



Class Name / Age Range	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 Bunnies (18-24 Months) <i>parent/child</i>							
 Thumpers (2-3 Years) <i>parent/child</i>							
 Cottontails (2.5-3.5 Years) <i>parent/child</i>							
 Hoppers (3 & 4 Years) <i>beginners</i>							
 Jackrabbits (3 & 4 Years) <i>intermediate</i>							
 Big Feet (5 & 6 Years) <i>beginners</i>							
 Micro 4/5 <i>recreational</i>							
 Micro 6/7 <i>recreational</i>							
 Neuro-Adaptive <i>recreational</i>							
Class Name / Age Range	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 Skill Institute 5/6 Level 1							
 Skill Institute 7/8 Level 1							
 Skill Institute 9-12 Level 1							